1. Given a function of two variables $f(x, y)$ and a "region" $R$ that is a subset of the $x y$ plane, remember that the double integral of $f$ over $R$ represents the "signed volume" that is trapped between the graph of $f$ and the region $R$. Here is a way to "read" the double integral.

$$
\underbrace{\iint_{R} \underbrace{f(x, y)}_{\text {small bit of volume }} \underbrace{d A}_{\text {area }}}_{\text {total volume }}
$$

Start with $f(x, y)$ which represents the height of the function $f$ at the point $(x, y)$ (so its unit is the unit of length). The $d A$ represents a small rectangular piece of area located at the point $(x, y)$ (so $d A$ has the units of length ${ }^{2}$ ). Then $f(x, y) d A$ represents the small piece of volume over the small piece of area at the point $(x, y)$, that is height $\times$ area $=$ volume (which has the unit of length ${ }^{3}$ ). Finally, we "sum over" all of the little rectangular pieces of area that make up the region $R$ to get the "total volume," $\iint_{R} f(x, y) d A$. (The integral sign, $\int$, is an elongated $S$ and represents the verb "sum." The double integral, $\iint$, represents summing over both the rows and columns of small rectangles that make up the region $R$.)
2. The double integral has many of the same properties as the single integral. The integral of a sum of two functions is the sum of two integrals.

$$
\iint_{R} f(x, y)+g(x, y) d A=\iint_{R} f(x, y) d A+\iint_{R} g(x, y) d A
$$

And the integral of a constant times a function is the constant times the integral (or, constants can factor out in front of the integral sign).

$$
\iint_{R} c f(x, y) d A=c \iint_{R} f(x, y) d A
$$

If the region $R$ is cut into two regions $R_{1}$ and $R_{2}$ (so we can say something like $R=$ $R_{1}+R_{2}$, then

$$
\iint_{R} f(x, y) d A=\iint_{R_{1}} f(x, y) d A+\iint_{R_{2}} f(x, y) d A
$$

3. We evaluate (or compute) a double integral by converting it into an iterated integral. But in order to convert a double integral into an iterated integral, the region $R$ must be a "nice" region in one of two senses.
A region $R$ is a Type 1 region if it looks something like this.


That is, there are two numbers $a$ and $b$ and two functions $g_{1}(x)$ and $g_{2}(x)$ such that the region $R$ can be described as all the points $(x, y)$ with

$$
\left\{(x, y) \mid a \leq x \leq b \text { and } g_{1}(x) \leq y \leq g_{2}(x)\right\} .
$$

If we are given a double integral over a Type 1 region, then we can evaluate the double integral by converting it into a Type 1 iterated integral.

$$
\iint_{R} f(x, y) d A=\int_{a}^{b} \int_{g_{1}(x)}^{g_{2}(x)} f(x, y) d y d x
$$

Here are two ways to "read" this iterated integral.

Remember that in the "inner integral" we are holding $x$ fixed and are integrating with respect to $y$ (that is what we mean by a $x$-slice). After you complete the inner integral, there should no longer be any $y$ 's in the integral, and you do the "outer integral" with respect to $x$.
4. A region $R$ is a Type 2 region if it looks something like this.


That is, there are two numbers $c$ and $d$ and two functions $h_{1}(y)$ and $h_{2}(y)$ such that the region $R$ can be described as all the points $(x, y)$ with

$$
\left\{(x, y) \mid c \leq y \leq d \text { and } h_{1}(y) \leq x \leq h_{2}(y)\right\}
$$

If we are given a double integral over a Type 2 region, then we can evaluate the double integral by converting it into a Type 2 iterated integral.

$$
\iint_{R} f(x, y) d A=\int_{c}^{d} \int_{h_{1}(y)}^{h_{2}(y)} f(x, y) d x d y
$$

Here is a way to "read" this iterated integral.

Remember that in the "inner integral" we are holding $y$ fixed and are integrating with respect to $x$ (that is what we mean by a $y$-slice). After you complete the inner integral, there should no longer be any $x$ 's in the integral, and you do the "outer integral" with respect to $y$.
5. Given a Type 1 or a Type 2 iterated integral, you should be able to reconstruct, from the limits of integration, what the region $R$ looks like. (See problems 1-14 on page 691.)
6. Given a double integral over a region $R$, you should be able to determine if the region is a Type 1 or a Type 2 region (or possibly both) and convert the double integral into the appropriate iterated integral. (See problems $15-20$ on page 691.)
7. Given a Type 1 iterated integral, you should be able to determine if the region $R$ is also a Type 2 region and, if so, change the order of integration into a Type 2 iterated integral.
Given a Type 2 iterated integral, you should be able to determine if the region $R$ is also a Type 1 region and, if so, change the order of integration into a Type 1 iterated integral. (See problems 33-38 on page 692.)
8. Given a point $(x, y)$ in the $x y$-plane, we can find that point's polar coordinates by using the conversion formulas

$$
r=\sqrt{x^{2}+y^{2}} \quad \theta=\arctan (y / x) .
$$

(Remember that the second formula is only correct in the first quadrant of the plane.) Given the $(r, \theta)$ coordinates of a point in the plane, we can find that point's rectangular coordinates by using the conversion formulas

$$
x=r \cos (\theta) \quad y=r \sin (\theta)
$$

9. Before we can do double integrals in polar coordinates, we need to know what the element of area, $d A$, is in polar coordinates. A "polar rectangle," with dimensions $d r$ and $d \theta$, looks like the following picture on the left.


The area of this "polar rectangle" is not $d r d \theta$. The picture on the right shows why. This picture shows two polar rectangles with the exact same dimensions, the same $d r$ and the same $d \theta$. But one polar rectangle has larger area than the other because it is further from the origin. The area of a polar rectangle with dimensions $d r$ and $d \theta$ is directly proportional to its distance $r$ from the origin. So the area, $d A$, of the polar element of area is

$$
d A=r d r d \theta
$$

For the polar rectangles in the pictures, the value of $r$ is the average of the inner and outer radiuses of each rectangle.
10. A region $R$ is a polar region (the textbook calls this a $r$-simple region) if it looks something like this.


That is, there are two angles $\alpha$ and $\beta$ and two functions $g_{1}(\theta)$ and $g_{2}(\theta)$ such that the region $R$ can be described as all the points with polar coordinates $(r, \theta)$ with

$$
\left\{(r, \theta) \mid \alpha \leq \theta \leq \beta \text { and } g_{1}(\theta) \leq r \leq g_{2}(\theta)\right\} .
$$

If we are given a double integral over a polar region, then we can evaluate the double integral by converting it into a polar iterated integral.

$$
\iint_{R} f(x, y) d A=\underbrace{\int_{\alpha}^{\beta} \underbrace{\underbrace{f(r d e}_{\text {-tlice }}}_{g_{1}(\theta) \underbrace{g_{2}(\theta)}_{\text {height }} \underbrace{f(r \cos \theta, r \sin \theta)}_{\text {small bit of volume }} \underbrace{r d r d \theta}_{\text {polar area }}}}_{\text {total volume }}
$$

In the inner integral we are holding $\theta$ fixed and are integrating with respect to $r$. After you complete the inner integral, there should no longer be any $r$ 's in the integral, and you do the outer integral with respect to $\theta$.

Be sure to remember to convert the function $f$ from a function of rectangular coordinates, $f(x, y)$, into a function of polar coordinates, $f(r \cos \theta, r \sin \theta)$. This means that every occurrence of $x$ in the original formula for $f$ should be replaced with $r \cos \theta$ and every occurrence of $y$ should be replaced with $r \sin \theta$. (Sometimes the function $f$ is given to you already in polar coordinates, $f(r, \theta)$, and doesn't need to be converted.)
11. Given a region $R$ in the $x y$-plane and a density function, $\delta(x, y)$, for the region, we can compute the mass of the region and the region's center of mass.
The mass of a region $R$ with density function $\delta(x, y)$ is given by

$$
m=\iint_{R} \delta(x, y) d A
$$

Recall that the units for density are (unit of mass)/(unit of area), and the value of $\delta(x, y)$ should be read as " $\delta(x, y)$ units of mass per unit of area." Here is the way to "read" the integral for mass.

$$
m=\underbrace{\iint_{R} \underbrace{\underbrace{\delta(x, y)}_{\substack{\text { mass } \\ \text { area }}} \underbrace{d A}_{\text {area }}}_{\text {mass of one small element }}}_{\text {total mass }}
$$

The center of mass, for a region $R$ with density function $\delta(x, y)$, is a point $(\bar{x}, \bar{y})$ where the region would be "balanced." The formulas for the two coordinates of the center of mass are

$$
\bar{x}=\frac{M_{y}}{m}=\frac{\iint_{R} x \delta(x, y) d A}{\iint_{R} \delta(x, y) d A}
$$

and

$$
\bar{y}=\frac{M_{x}}{m}=\frac{\iint_{R} y \delta(x, y) d A}{\iint_{R} \delta(x, y) d A} .
$$

